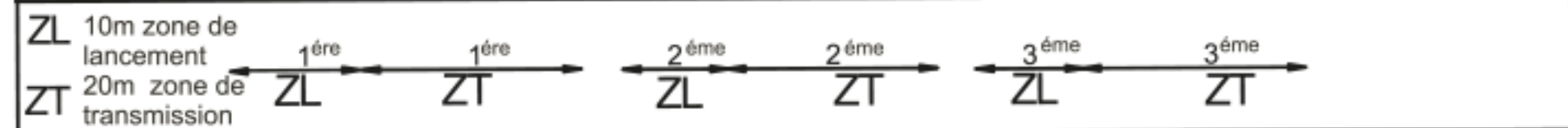


D E P A R T	4X60 200↑190 170↑1 140↑130 110↑1 80↑70 50↑1	COLORED MARK	A R R I V E
	4X100 320↑310 290↑1 220↑210 190↑1 120↑110 90↑1	YELLOW	



LES COURSES DE HAIES						
DISTANCE OF RACE	NUMBER OF HURDLES	HURDLES' HEIGHT*	DIST. BETWEEN HURDLES	DIST. FROM START LINE TO FIRST HURDLE	DIST. FROM LAST HURDLE TO FINISH LINE	COLORED MARK
50m HAIES	5	0,65	7,50m	11,50m	8,50m	RED
80m H	8	0,76/0,84	8,00m	12m	12m	WHITE
100m H	10	0,76/0,84	8,50m	13m	10,50m	YELLOW
110m H	10	0,91/0,99/1,06	9,14m	13,72m	14,02m	BLUE
200m H	10	0,76	18,28m	21,46m	14,02m	BLUE
320m H	8	0,76/0,84	35m	35m	40m	GREEN
400m H	10	0,76/0,91	35m	45m	40m	GREEN

* according to age categories

